

REVISED MAY 3

## 2025 CONVOCAATION AT MMG



MMG events led by Brothers Keshavananda and Nakulananda  
 Online fellowship live streamed event  
 Livestreamed Convocation Class  
 Livestreamed Convocation Meditation  
 Livestreamed Convocation Kirtan  
 Recording of a 2025 Convocation event

Sunday June 22	Monday June 23	Tuesday June 24	Wednesday June 25	Thursday June 26	Friday June 27	Saturday June 28	Sunday June 29
<b>Tune in at home for these events:</b>	<b>Tune in at home for these events:</b>	<b>Tune in at home for these events:</b>	<b>MMG open 9:30 - 1:15</b>	<b>MMG open 9:30 - 8:30</b>	<b>MMG open 9:30 am - 9:00 pm</b>	<b>MMG open 9:00 am - 4:45 pm</b>	<b>MMG open 8:30 am - ~12:30</b>
7 - 8 pm "What are you looking forward to in this year's Convocation?"	10 am - 1 pm Meditation with kirtan, monks' kirtan group	10 - 11 am Meditation, <i>Sister Sarala</i>	10 am - 1 pm Meditation with <i>Brother Chidananda</i> and monks' kirtan group	10 - 11 Meditation with <i>Sister Yogamayee</i>	10 - 1 Guided meditation <i>Sister Dhira</i>	9:30 - 10:15 An Evening With SRF/YSS President — Paramahansa Yogananda's Kriya Yoga Teachings, <i>Brother Chidananda</i>	9:00 group energization 9:30 meditation service
9:30 - 10:30 pm Making Life a Spiritual Adventure, <i>Brother Satyananda</i>	4:30 - 5:30 pm Recharging the Body with Cosmic Energy, <i>Brother Balananda</i>	12:30 - 1:30 pm Satsanga, <i>Sister Karuna</i>		12:30 -1:30 Satsanga, <i>Sister Ranjana</i>	2:00 - 5:00 Chapel open for meditation during counseling sessions	10:30 - noon Kriya techniques review in the chapel; simultaneously, a meditation and informal talk downstairs for non-Kriyabans	10:30 to 11:30 MMG closing talk
11:00 - midnight Meditation, <i>Brother Dhyanaanda</i>	6:30 - 7:30 pm Mastering the Techniques of Meditation - Part I (Hong-Sau), <i>Sister Brahmani</i>	4:30 - 5:30 pm Mastering the Techniques of Meditation - Part II (Aum), <i>Brother Devananda</i>	<b>Tune in at home for these events:</b> 5 - 6 pm "How have Paramahansa Yoganand's teachings affected your life?"			12:15 - 1:00 Light lunch	11:30 - time TBD refreshments and socializing on the patio weather permitting or downstairs if weather is inclement
	9:30 - 10:30 The Art of Relaxation: Counteracting Stress and Experiencing True Serenity, <i>Brother Govindananda</i>	9:30 - 10:30 Manifesting Our Noble Ambitions: The Creative Power of Initiative, <i>Brother Kamalananda</i>	6:30 - 7:30 Satsanga, <i>Brother Bhumananda</i>	4:00 - 5:00 Welcome and brief meditation with monastics followed by a light dinner 5:30 - 6:30	5:30 - 6:30 Light dinner	2:00 - 2:45 MMG fellowship event "What have you learned this week that you want to put into practice?"	
	11:00 - midnight Meditation, <i>Brother Vimalananda</i>	11 - midnight Meditation, <i>Brother Sakhyananda</i>	11 - midnight Meditation, <i>Brother Anantandanda</i>	6:30 - 8:00 In-person monastic-led talk and meditation	6:30 - 8:00 In-person satsanga and meditation	3 - 4 Convocation Closing: Creating an Inner Environment for Spiritual Progress, <i>Brother Ritananda</i>	

Tune in at home for evening events if desired

Tune in at home for evening meditation if desired

4:00 - 4:30 final thoughts on Convocation