

Newsletter - April, May, June 2013

Schedule of Services

Sunday Mornings

Energization Exercises 9 - 9:15
Personal Meditation 9 - 9:30
Meditation Service 9:30 - 10:15
Reading Service 10:30 - 11:30
Sunday School 10:30 - 11:30

Tuesday Evenings

Meditation 7 - 10 PM 2nd Tuesday of month
Meditation 7 - 9 PM 4th Tuesday of month (This service to be canceled beginning May 1st.)

The Tuesday meditation services begin with group practice of Energization Exercises at 7 PM

Wednesday Evenings

Lesson Study Group 7:30 - 8:30

Thursday Evenings

1st, 2nd & 4th Thursday
Inspirational Service, 7:30 - 8:45
Prayer Service 8:45 - 9:00
3rd Thursday Meditation w/Kirtan, 7:30 - 9:00 (Thursday services to be held on 2nd and 4th Thursdays only beginning May 1st.)

Saturday Mornings

5-hour Meditation 7 AM - Noon
Group practice of Energization Exercises 7:00 & 9:30 AM
First Saturday of month - Guided Meditation 10 AM - Noon
Last Saturday of month - Kirtan 10 AM - Noon

Special Services

Sri Yukteswar's
Birthday Commemorative
Service Friday May 10th 7:30 - 8:30

General Meeting

After the Reading Service Sunday
April 28th at 11:30 AM

Movie Night

Committee News

Landscape Committee

Spring is a busy time for the landscape committee and volunteer help is needed. If you would like to volunteer please contact [Anton Crane](#) the committee chair.

There are a number of upcoming volunteer opportunities: On April 14th after the reading service, help is requested to set up the patio furniture, on April 20th from 1-4 there will be a spring clean up day with a rain date of April 27th.

Service Reader and Usher Committees

Our Group is in need of Service Readers and Ushers. Currently we don't have enough Service Readers and Ushers to staff our second quarter services. Because of the shortage, the Managing Council has decided to eliminate 3 services. Beginning May 1st the 4th Tuesday of the month meditation will be canceled. Also canceled are the Thursday Inspirational Services on the 1st and 3rd Thursdays of the month. If you are interested in being a Service Reader contact [Sandy Doss](#). If you are interested in being an Usher contact [Bill Fridge](#). Or contact a council member.

Sunday School Committee & Youth Program

The last day for Sunday School will be June 2nd, 2013 Sunday School will resume September 8th, 2013.

The 2013 "How-to-Live" Boys and Girls Youth Programs, for boys and girls ages 10-16, is based on the teachings of Paramahansa Yogananda. The Boys' program is June 22-June 29th and the Girls' program is June 29th-July 6th. SRF's summer Youth Programs offer young people an opportunity to learn and practice Paramahansa Yogananda's "How-to-Live" spiritual principles amid the pine trees of Southern California's San Bernadino Mountains. Children will deepen their relationship with God, learn SRF techniques of meditation and Energization Exercises, and develop friendships with spiritually minded peers. Activities include archery, swimming, canoeing, hiking, arts & crafts. Youth Program Scholarships are available. For more information and to register click [here](#).

Movie Night Committee

Movie nights are scheduled for April 19th and June 21st this quarter. Watch the weekly announcements for details.

Movie night schedule is as follows: Chapel open 6 pm to 7 pm for personal meditation, refreshments served at 7 pm, movie begins about 7:15.

Regional Retreat Coming



Friday April 19th and June 21st, 7 - 9:30 PM

Social Gatherings

Vegetarian Potluck after Sunday Reading Service the first Sunday of every month.

Sunday Readings Schedule

April

7- *Getting Acquainted with God II-12*
14 - *Healing Through Understanding the Nature of Consciousness and Matter II-13*
21 - *What Is Your Role in Life? II-16*
28 - *Concentration: Key to Communion With God II-17*

May

5 - *Behind the Physical Cosmos: A World of Light and Energy II-18*
12 - *God's Nature in the Mother II-19*
19 - *God-Mindedness - Key to Freedom II-20*
26 - *Understanding Life and Death II-21*

June

2 - *Success Through Attunement With God II-22*
9 - *Creating World Unity Through Yoga Meditation II-23*
16 - *God's Nature in the Father II-24*
23 - *How Even-mindedness Leads to God-Awareness II-25*
30 - *Is Peace Possible in Today's World? II-26*

Quote From Master

"Is a diamond less valuable because it is covered with mud? God sees the changeless beauty of our souls. He knows we are not our mistakes."

Paramahansa Yogananda in *Where There is Light* - page 98

Mother Center has asked the Minneapolis Meditation Group to hold a monastic-led Regional Retreat in the Spring of 2014. The Managing Council has accepted, and looks forward to hosting this event May 30 - June 1, 2014. You are encouraged to hold these dates on your calendar. In light of this development, the Managing Council has chosen to cancel plans for the retreat originally planned for the fall of 2013. This retreat planned for the spring of 2014 is a wonderful opportunity to provide service to Master, to Mother Center and to the all the devotees in our area. The support and participation of our members is critical to organizing a successful retreat. If you would like to be involved in planning the retreat or are willing to perform one of the many roles needed during the event, please contact Michael Rose, the retreat coordinator.

Building Fund

The Building Fund launched this fall is well on its way to meeting its goal of putting the MMG on a firm financial foundation. As of 3/17/2013 devotees have pledged \$1400 monthly toward the goal of \$1700 in monthly building fund donations. For a review of the Build Fund Appeal click [here](#). To access a Building Fund Pledge form click [here](#).



General Meeting and Elections

The next General Meeting will be Sunday April 28th after the Reading Service at 11:30. This is an important meeting because the annual elections will be held at the meeting. The nominating committee is working to gather names of nominees who may be interested in serving as coordinator, secretary, treasurer, member-at-large, service readers or Sunday school teachers. If you are interested in serving in one of these capacities or want to suggest someone, please contact Jim Bianchi, Lakshmi Vemulapalli or Mary Breslin after one of our services or at nc13.mmg@gmail.com.

Please plan to attend this important meeting. A pizza lunch will be served.

MMG Severe Weather Policy

The MMG has developed a severe weather policy for the safety of our members and friends. Please be advised that Minneapolis Meditation Group services will be cancelled if a severe weather warning is issued by the National Weather Service that includes our church area (the city of Minneapolis or Hennepin County), within a window of two hours prior to a scheduled service to two hours after a scheduled service. Because it is not always possible to provide advanced warning of a service cancellation, it will be the responsibility of each member to be aware of any severe weather warnings prior to a scheduled service. This includes severe thunderstorm warnings, tornado warnings and winter storm warnings.

A severe weather warning indicates that severe weather is occurring in the area, creating dangerous conditions that may be a threat to life or property.

A severe weather watch indicates that conditions are favorable for the development of severe weather and provides advanced notice.

You can check for any weather warning by going to the National Weather Service web site at <http://www.weather.gov/> or by checking any major media outlet.