

## Minneapolis Meditation Group of Self-Realization Fellowship

# Newsletter - April, May, June 2011

### IN THIS ISSUE

Youth Program  
 Sunday School  
 Kirtan Group  
 Special Services  
 Landscaping  
 Monastic Visit  
 Monastic Tour in Kansas City

### Schedule of Services

#### Sunday Mornings

Personal Meditation, 9 - 9:30  
 Meditation Service, 9:30 - 10:15  
 Reading Service, 10:30 - 11:30  
 Sunday School, 10:30 - 11:30

#### Tuesday Evenings

2nd Tuesday of the month  
 Three-hour Meditation, 7 - 10  
 4th Tuesday of the month  
 Two-hour Meditation, 7 - 9

#### Wednesday Evenings

Lesson Study Group, 7:30 - 8:30

#### Thursday Evenings

1st, 2nd & 4th Thursday,  
 Inspirational Service, 7:30 - 8:45  
 Prayer Service, 8:45 - 9:00  
 3rd Thursday, Meditation w/Kirtan,  
 7:30 - 9:00

#### Saturday Mornings

5-Hour Meditation, 7 AM - Noon  
 Kirtan, 11AM - Noon on the Last  
 Saturday of the month (New)

#### Special Services

Sri Yukteswar's  
 Birthday Celebration Service,  
 Tuesday, May 10th 7:30 - 8:30

### Youth Program

Applications for the 2011 SRF Boys' and Girls' "How-To-Live" Youth Programs are available now. Please see the flyer downstairs in the Sunday School area. These programs are held at Camp Arbolado in the San Bernardino Mountains in California. Children ages 10-16 are invited to participate in these camps which include a balanced schedule of meditation, classes, activities, crafts, and sports in a beautiful mountain setting. A slide show of Youth Program is on the SRF website.

The Boys' Program will be from June 18 through June 25, 2011.  
 The Girls' Program will be from June 25 through July 2, 2011.

*An early registration discount until April 18, 2011 is available. You encourage you to apply early as both programs may be full this year.*

Application forms and more information may be found on the [SRF Website](#), or you may call the Mother Center and ask for the Youth Services Dept. Please send in your applications early, as we anticipate that both programs will be full this year.

A special donation basket is available downstairs on the book room table for those who would like to contribute to the Youth Program Scholarship Fund. Your donations will make it possible for children from our center to attend, regardless of their financial circumstances.

### Sunday School

Sunday school will be ending on June 5<sup>th</sup> for the summer and will restart on Sunday, Sept. 11<sup>th</sup>. Many thanks to the Teen Group, Sunday School and all member of the congregation for making the Christmas Giving Project a success!

### Kirtan Group

The Kirtan Group has announced that they will hold a monthly Kirtan from 11 AM to noon on the last Saturday of the month. That is at the end of the of the regular Saturday morning long meditation. This is in addition to the regular 3rd Thursday of the month Kirtan.

### Special Services this Quarter

On Tuesday May 10th, there will be a birthday celebration service for Swami Sri Yukteswar. The service will be from 7:30 to 8:30 PM at the church. All are invited to attend. If you attend, bring a flower to be offered as symbol of devotion to God and the SRF



**General Meeting**

May 22nd 11:30 after the Reading Service.

**Social Gatherings**

Vegetarian Potluck after Sunday Reading Service - April 3rd, May 1st, June 5th.

**Sunday Readings Schedule****April**

3 - In God is all Happiness..  
10 - Life Energy - The Power that Heals.  
17 - The Balance of Life.  
24 - Increasing the Power of Initiative.

**May**

1 - The Dream Fabric of Life.  
8 - Mothers: Manifestations of God's Love.  
15 - The Oneness of Religion.  
22 - Eliminating the Static of Fear from the Mind Radio.  
29 - Self-Analysis: Key to the Mastery of Life.

**June**

5 - Four Fundamental Ways to Realize God.  
12 - Spiritual Marriage.  
19 - Seeing God As the Sole Doer.  
26 - Building World Unity.

**Quote From Master**

Guru's and a donation in a white envelope as a symbol of loyalty and faithfulness to the cause of SRF.

**Landscaping at the Church**

With spring upon us, the landscape committee is looking for a few volunteers to help maintain the church garden. Duties include lawn mowing once a month, watering the shrubs and the lawn, commissioning and decommissioning the water fountain and other miscellaneous duties. If you are interested in helping out, please contact Srihari at [srihari\\_nandyal@hotmail.com](mailto:srihari_nandyal@hotmail.com).

**Monastic Visit**

L to R: Br. Lynn, Tom Austin, Terry Schwab, Br. Roberto at Como Conservatory

Brahmachari Lynn and Roberto visited the Minneapolis Meditation Group on their way to Chicago in early March. On the Thursday night of their visit they led a meditation and satsanga at the Church.

**Monastic Tour In Kansas City**

The Kansas City Meditation Group of Self-Realization Fellowship is pleased to invite you to a special spiritual gathering to be held at the Unity Village Conference Center May 13-15, 2011. SRF Monastics will lead the weekend events. A Kriya Yoga Initiation Ceremony will be held on Saturday evening for eligible students.

The event will be held at [Unity Village](#) in the Spiritual Life Center, 1901 NW Blue Parkway, Unity Village, MO 64065, approximately 15 miles southeast of downtown Kansas City.

All are welcome to attend the events. The Kriya Initiation and Kriya Technique Review Class are, however, limited to qualified students of the SRF Lessons. Those new to SRF will have the opportunity to sign



" It is all right to enjoy the good things of this life, but don't become attached to anything so you suffer if it is taken away from you. God takes things from you so that you will not become earth-bound. You can never squeeze the honey of divine happiness from the rock of sense pleasures. Lasting sweetness ceaselessly flows into the pail of your life only when you squeeze the honeycomb of meditation and peace with the eager powerful hands of will, and with deeper concentration."

Paramahansa Yogananda - Lesson #130/4, Page 3

[Forward email](#)



This email was sent to narayana.hejeebu@gmail.com by [srfminneapolis@yahoo.com](mailto:srfminneapolis@yahoo.com) | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Minneapolis Meditation Group | 112 W. 43rd St. | Minneapolis | MN | 55409

up for the Lessons. For more detailed information and a registration form click [here](#).

A sign up sheet for the Kansas City Member support visit is on the bookroom table downstairs for people who would like to share a room or carpool.

## Council Members

Please feel free to contact a council member with your concerns or suggestions.

Jerry Blackwell, [blackwelljw@hotmail.com](mailto:blackwelljw@hotmail.com),

Srihari Nandyal, [srihari\\_nandyal@hotmail.com](mailto:srihari_nandyal@hotmail.com),

Gene Franchett, [franchett@charter.net](mailto:franchett@charter.net),

William Fridge, [williamfridge8976@msn.com](mailto:williamfridge8976@msn.com),

Liliana Tobon-Gomez, [Liliana.Tobon-Gomez@co.hennepin.mn.us](mailto:Liliana.Tobon-Gomez@co.hennepin.mn.us)