

MMG Newsletter

July - August - September 2015

Schedule of Services

Sunday Mornings

Energization Exercises 9 - 9:15

Personal Meditation 9 - 9:30

Meditation Service 9:30 -

10:15 Reading Service 10:30 -

11:30 Sunday School 10:30 - 11:30

Wednesday Evenings

Lessons Study Group 7:30 - 8:30

Thursday Evenings

1st Thursday of the month

- Inspirational and Prayer Service,
7:30 - 8:30

3rd Thursday of the month - 2 hour

Meditation Service, 7:30 - 9:30

Energization Exercises at 7:00
before both Thursday services

Saturday Mornings

5-hour Meditation 7 AM - Noon

Group practice of Energization

Exercises 7:00 & 9:30 AM

First Saturday of month - Guided

Meditation 10 AM - Noon

Last Saturday of month - Kirtan 10
AM - Noon

Special Services

July 25th - Mahavatar Babaji
Commemoration 7:30 - 8:30

September 5th - Janmashtami (birth
of Bhagavan

Krishna) Commemoration 7:30 -
8:30

September 26th - Lahiri Mahasaya's
Mahasamadhi 7:30 - 8:30



Committee News and Announcements

Sunday School

Sunday School is currently on summer recess. We will start up again on Sunday, September 13th.

If you bring your children to MMG services during the summer, we ask that a parent stay downstairs with your child. Thank you and enjoy your summer!

"MANY BLESSINGS COME TO THOSE THAT SERVE THIS WORK"
- PARAMAHANSA YOGANANDA

SRF World Convocation - August 16-22, 2015

September 30th - Lahiri Mahasaya's Birthday 7:30 - 8:30

Movie Night

Saturday July 18th - "The Shift: Taking Your Life From Ambition to Meaning" by Wayne Dyer.

September 19 "the Miracle of Marcelino". 5:30 Chapel open for personal meditation, 6:00 refreshments served, 6:30 movie begins.

Social Gatherings

Vegetarian Potluck after Sunday Reading Service the first Sunday of every month.

Sunday Readings Schedule

July

5 - The Spiritual Foundations of World Peace

12 - Reincarnation: the Soul's Journey to God

19 - Universal Steps That Lead to God-communion

26 - Great Saints and Illumined Teachers: God's Messengers of Truth

August

2 - Understanding the Mystery of Life and Death

9 - Awakening Your Divine Nature

16 - Your Role in God's Drama of Creation

23 - Meditation: The Divine Science

30 - How Thoughts Can Change Your life

September

6- Service: The Power of Love in Action

13 - Karma: The Law of Cosmic Justice

WORLD Convocation



Convocation is an opportunity to deepen one's understanding of Paramahansa Yogananda's teachings and to receive the tools and inspiration necessary for spiritual growth. The annual weeklong event includes:

- In-depth instruction on the science of meditation taught by Paramahansa Yogananda
- "How-to-Live" classes
- Pilgrimage tours to shrines associated with the life and work of Paramahansa Yogananda
- Kirtans and group meditations
- Individual counseling with SRF monastics
- Kriya Yoga initiations
- and more

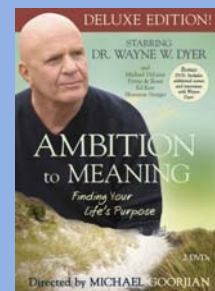
Self-Realization Fellowship's Convocation is held at:

The Westin Bonaventure Hotel & Suites
404 South Figueroa St., Los Angeles, CA 90071

For complete information and registration click [here](#)

Movie Night

The next movie night will be July 18th and will feature "The Shift: Taking Your Life From Ambition to Meaning" by Wayne Dyer. In this compelling film, Dr. Wayne W. Dyer explores the spiritual journey from ambition to meaning. The powerful shift from the ego constructs we are taught early in life by parents and society - which promote an emphasis on achievement and accumulation - are shown in contrast to a life of meaning, focused on serving and giving back. Through the intertwined stories of an overachieving businessman, a mother of two seeking her own expression in the world, and a director trying to make a name for himself, this entertaining film not only inspires, but also teaches us how to create a life of meaning and purpose. Additional cast members are: Michael DeLuise, Portia de Rossi, Ed Kerr and Shannon Sturges.



September 19th the movie will be "The Miracle of Marcelino". Check the weekly announcement in September for details.

"Awake: The Life of Yogananda"

20 - What Is God's True Nature?
27 - How to Bring God Into Daily Life

Quote From Master



"When the mind is calm, how quickly, how beautifully you will perceive everything."

Paramahansa Yogananda from
WHERE THERE IS LIGHT - P.
47

For the latest on what is going on with "Awake", click [here](#).



Council Members

Mother Center has approved the election results from the last general meeting. Below is the current make up of the council.

Srihari Nandayal - Council Coordinator
Mary Breslin - Secretary
Sandy Doss - Treasurer
Nancy Bierman - Member at Large
Sandra Suarez - Member at Large

Please feel free to contact the council with your concerns or suggestions at council@srfminneapolis.org.