

Newsletter - July, August, September 2013

Schedule of Services

Sunday Mornings

Energization Exercises 9 - 9:15
Personal Meditation 9 - 9:30
Meditation Service 9:30 - 10:15
Reading Service 10:30 - 11:30
Sunday School 10:30 - 11:30

Tuesday Evenings

Meditation 7 - 10 PM 2nd Tuesday
of month
The Tuesday meditation services
begin with group practice of
Energization Exercises at 7 PM

Wednesday Evenings

Lesson Study Group 7:30 - 8:30

Thursday Evenings

2nd & 4th Thursday
Inspirational Service, 7:30 - 8:45
Prayer Service 8:45 - 9:00

Saturday Mornings

5-hour Meditation 7 AM - Noon
Group practice of Energization
Exercises 7:00 & 9:30 AM
First Saturday of month - Guided
Meditation 10 AM - Noon
Last Saturday of month - Kirtan 10
AM - Noon

Special Services

Mahavatar Babaji Commemoration
Service Thursday July 25 7:30 -
8:30

Janmashtami - Krishna's
Birthday Commemorative Service
Wednesday August 28th 7:30 - 8:30

Lahiri Mayasaya 's Mahasamadhi
Commemorative Service Thursday
September 26th 7:30 - 8:30

Lahiri Mayasaya 's
Birthday Commemorative Service
Monday September 30th 7:30 - 8:30

Movie Night

Saturday August 17th, 7 - 9:30 PM

Committee News

Landscape Committee

We have hired a service to mow the lawn and remove snow in the winter. However, this is a busy time for the landscape committee and volunteer help is needed gardening, weeding and watering. If you would like to volunteer please contact [Anton Crane](#) the committee chair.

Service Reader and Usher Committees

At the last General Meeting, the dress code for service readers and ushers was discussed and members voted to relax the dress code. Men should wear dress slacks and a pressed collared buttoned down long or short sleeve shirt. Women should wear dress pants or skirts - shirts can be colors or prints, short or long sleeved.

No sleeveless shirts, jeans, shorts, tennis shoes or sandals.

An emergency procedures folder has been completed and is located in the usher room.

Sunday School Committee & Youth Program

Our Sunday School children planted flowers in our patio pots before the summer recess. Five children from our group are or will be attending SRF youth camp this summer. Thanks to all who donated to our SRF youth camp transportation fund. Sunday School will resume September 8th, 2013.

Movie Night Committee

Movie night is scheduled for August 17th this quarter. Watch the weekly announcements for details.

Movie night schedule is as follows: Chapel open 6 pm to 7 pm for personal meditation, refreshments served at 7 pm, movie begins about 7:15.

Maintenance Committee

As a result of a recent inspection by a city fire inspector the MMG had to make some changes to comply with fire code. Most of the changes have been made and approved by the fire inspector. Two changes are yet to be completed and inspected by the fire inspector. If you would like the details of the required changes contact [Terry Schwab](#).

Building Fund

The Building Fund launched this fall is well on its way to meeting its goal of putting the MMG on a firm financial foundation. Please remember to keep current on your monthly pledges if at all possible. For a review of the Building Fund Appeal click [here](#). To access a Building Fund Pledge form click [here](#).

SRF World Convocation

Social Gatherings

Vegetarian Potluck after Sunday Reading Service the first Sunday of every month.

Sunday Readings Schedule

July

- 7- The Spiritual Science of God-Realization II-27
- 14 - The Source of Lasting Happiness II-28
- 21 - The Spiritual Art of Getting Along With Others II-29
- 28 - What Is the Soul? II-30

August

- 4 - How Devotion Reveals the Invisible God II-31
- 11 - Enjoying Life's Challenges II-32
- 18 - Proof of the Existence of God II-33
- 25 - The Source of Unlimited Healing Power II-34

September

- 1 - The Soul's Greatest Need II-35
- 8 - The True Meaning of Salvation II-36
- 15 - Life - A Cosmic Motion Picture II-37
- 22 - The Secret to Acquiring All Knowledge II-38
- 29 - Finding God in Family Life II-39

Quote From Master

"Doesn't the Lord shower His grace more abundantly on certain men than on others?" a student inquired. Paramahansaji answered: "God chooses those who choose him."

Paramahansa Yogananda in *Sayings of Paramahansa Yogananda*

Self Realization Fellowship's Convocation August 4-10 is held at the The Westin Bonaventure Hotel & Suites in Los Angeles CA. Convocation is an opportunity to deepen one's understanding of Paramahansa Yogananda's teachings and to receive the tools and inspiration necessary for spiritual growth. Registration is now open. For more details click [here](#).

Regional Retreat 2014

The MMG will host a monastic-led Regional Retreat on May 30 - June 1, 2014. You are encouraged to hold these dates on your calendar. The retreat will be held at the Villa Maria Retreat Center, Frontenac, MN 55026. Retreat details and registration information will be forthcoming. This retreat is a wonderful opportunity to provide service to Master, to Mother Center and to the all the devotees in our area. The support and participation of our members is critical to organizing a successful retreat. If you would like to be involved in planning the retreat or are willing to perform one of the many roles needed during the event, please contact [Michael Rose](#), the retreat coordinator.

General Meeting and Elections

At the last General Meeting all members of the council standing for election were re-elected. Paul Penners was elected treasurer and will be the newest member of the council. Paul and all elected service readers will assume their new positions as soon as the elections are confirmed by Mother Center.

The next General Meeting will held in the 4th quarter.

MMG Severe Weather Policy

The MMG has developed a severe weather policy for the safety of our members and friends. Please be advised that Minneapolis Meditation Group services will be cancelled if a severe weather warning is issued by the National Weather Service that includes our church area (the city of Minneapolis or Hennepin County), within a window of two hours prior to a scheduled service to two hours after a scheduled service. Because it is not always possible to provide advanced warning of a service cancellation, it will be the responsibility of each member to be aware of any severe weather warnings prior to a scheduled service. This includes severe thunderstorm warnings, tornado warnings and winter storm warnings.

A severe weather warning indicates that severe weather is occurring in the area, creating dangerous conditions that may be a threat to life or property.

A severe weather watch indicates that conditions are favorable for the development of severe weather and provides advanced notice.

The Severe Weather Policy is on our MMG web site or you can also check for any weather warning by going to the National Weather Service web site at <http://www.weather.gov/> or by checking any major media outlet.

Council Members

Please feel free to contact the council with your concerns or suggestions at council@srfminneapolis.org

Liliana Tobon-Gomez - Council Coordinator
Don Peterson - Secretary
Srihari Nandyal - Treasurer
Marta Crothers - Member at Large
Terry Schwab - Member at Large