

MMG Newsletter: April - May - June 2015

Schedule of Services

Sunday Mornings

Energization Exercises 9 - 9:15
Personal Meditation 9 - 9:30
Meditation Service 9:30 - 10:15
Reading Service 10:30 - 11:30
Sunday School 10:30 - 11:30

Wednesday Evenings

Lessons Study Group 7:30 - 8:30

Thursday Evenings

1st Thursday of the month
- Inspirational and Prayer Service,
7:30 - 8:30
3rd Thursday of the month - 2 hour
Meditation Service, 7:30 - 9:30
Energization Exercises at 7:00
before both Thursday services

Saturday Mornings

5-hour Meditation 7 AM - Noon
Group practice of Energization
Exercises 7:00 & 9:30 AM
First Saturday of month - Guided
Meditation 10 AM - Noon
Last Saturday of month - Kirtan 10
AM - Noon

Special Services

Good Friday Meditation Friday April
3rd 7:30 - 8:30

Sri Yukteswar's Birthday
Commemorative Service Sunday
May 10th - 7:30 - 8:30

Movie Night

Saturday May 16th, 5:30 Chapel
open for personal meditation, 6:00
refreshments served, 6:30 movie
begins. Movie to be determined

General Meeting

Sunday April 26th 11:30 AM

Spring Clean-Up Day

Saturday May 30th Noon to 4 PM

Social Gatherings

Vegetarian Potluck after Sunday

Switch to our Electronic Newsletter

We want to encourage those who are receiving this newsletter to sign up for the email version of this newsletter. Our email newsletter offers a more content rich experience with hyper links, links to documents and more photos and graphics. In additions, you will help us save on the postal costs and reduce paper waste. To sign up for our emailed newsletter go to srfminneapolis.org and click on the submit button in the upper left of the home page just under email to join our mailing list and then follow the directions. If you wish to continue to receive our newsletter via postal mail we are asking you to notify us of your desire. You can contact us with your request via email to contact@srfminneapolis.org or via postal mail at MMG 112 W. 43rd St., Minneapolis, MN 55409. Please include your name and address with the request. Thank you.

Committee News and Announcements

Sunday School

SRF is introducing a new summer day program for teens and children, which will take place June 22-26 for girls and from June 29-July 3 for boys. Applications are now available on the [SRF website](#) for the program, for children 7 to 12 years of age; as well as a five-day teen program for 13- to 18-year-olds. The programs will be held from 9:00 a.m. to 3:30 p.m. daily on a 20-acre campus in Encinitas. Please see Muriel Bianchi if you have further questions.

June 7th will be the last Sunday for Sunday School before the summer recess. Sunday School will start up again on Sunday, September 13, 2015. Thank you for your continued support.

Service Readers

Service Reader are needed so we can adequately staff our services. Service readers are nominated and voted upon at the annual elections and then approved by Mother Center in Los Angeles. For complete details talk to [Sandy Doss](#).

Ushers

Ushers are also needed to staff our services. If you can volunteer as an usher contact [Bill Fridge](#).

Electronic Communications

The electronic communications committee is looking for volunteer to take over the quarterly newsletter. A computer and internet connections is needed. Training will be provided. To volunteer contact [Terry Schwab](#).

Reading Service the first Sunday of every month.

Sunday Readings Schedule

April

5 - The True Meaning of Resurrection
12 - Peace: the Altar of Heaven
19 - Balancing Your Material and Spiritual Life
26 - Healing by God's Unlimited Power

May

3 - What Is Love?
10 - The Mother Aspect of God
17 - Anchor Yourself in God
24 - Sacred Literature: A World of Solace
31 - Why Our Loved Ones Die

June

7 - The Universe: God's Cosmic Dream
14 - Attuning Your Life to God's Abundance
21 - The Father Aspect of God
28 - How You Can Talk With God

Quote From Master



"You cannot buy peace; you must know how to manufacture it within, in the stillness of your daily practices in meditation."

Paramahansa Yogananda from *Where There is Light* - p. 75

"Many blessings come to those that serve this work" - Paramahansa Yogananda

General Meeting + Day of Service

Our next General Meeting is scheduled for Sunday, April 26th, following the reading service. In addition to general business of the group, we will be holding the 2015 Annual Elections for council members, service readers and Sunday school teachers. A light lunch will be provided.

Also, a day of service for spring cleanup is scheduled for Saturday, May 30th, from noon to 4 PM. Devotees will be needed for both interior cleaning of the church and cleanup of the grounds.

SRF Public Lecture Tour in Chicago May 1-3

The Chicago Meditation Group of SRF is please to announce the upcoming SRF Public Lecture tour May 1-3 2015. This weekend event will begin with a free public lecture on the Kriya Yoga Teachings of Paramahansa Yogananda. The lecture entitled *Mediation, Awaken Your Inner Power*, will be presented by Brother Satyananda. For more information and for registration materials go to www.chicagomeditationgroup.org

SRF World Convocation - August 16-22, 2015

Convocation is an opportunity to deepen one's understanding of Paramahansa Yogananda's teachings and to receive the tools and inspiration necessary for spiritual growth. The annual weeklong event includes:

- In-depth instruction on the science of meditation taught by Paramahansa Yogananda
- "How-to-Live" classes
- Pilgrimage tours to shrines associated with the life and work of Paramahansa Yogananda
- Kirtans and group meditations
- Individual counseling with SRF monastics
- Kriya Yoga initiations
- and more

Self-Realization Fellowship's Convocation is held at:
The Westin Bonaventure Hotel & Suites
404 South Figueroa St., Los Angeles, CA 90071

For complete information and registration go to Yogannanda-srf.org.

"Awake: The Life of Yogananda"

Through "Awakes" theatrical release, it was shown on 127 screens across the United States in 2014. In addition, it has been shown over 200 times to 30,000 people through Gathr - Theatrical on Demand.

